

FREE Tai Chi

(OUTDOORS) - dress for the weather

Thursdays in September at 1.30pm,
at **Midlock Community Garden**



Enter the garden through the gate on Ibrox Street where it meets Whitefield Road. It's less than a five-minute walk from Midlock Medical Centre and Ibrox Library.

For more information contact the
Community Initiatives Team:

0141 422 1112

southsideconnections@southside-ha.co.uk



Southside Connections created by Southside Housing Association, Southside House, 135 Fifty Pitches Road, Glasgow G51 4EB. www.southside-ha.org
Scottish Charity No.: SC036009.